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**Your Staff**

**Program Director:**  
Kim Sueoka

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**Nurse:**  
Theo Papa, RN

**Our Mission**  
*Caring for Kupuna*



Monday, February 17th



**FEBRUARY 2025**

*"Where there is love there is life."*

—Mahatma Gandhi

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7:30 CENTER OPENS SNACKS</b>	<b>3</b> 10:00 – Fitness - Dowels - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Connect 4 2:45 – Tai Chi 3:30 – Jigsaw Puzzles	<b>4</b> 10:00 – Spelling - Heart Chains - Puzzles 12:30 – Energize Lunch Walk 1:00 – Matching Game 2:45 – Music & Movement 3:30 – Coloring	<b>5</b> 10:00 – Whisper Challenge - Hanafuda - Painting 12:30 – Energize Lunch Walk 1:00 – Ball Toss 2:45 – Tai Chi 3:30 – Tracing	<b>6</b> 10:00 – Unscramble - Dominoes - Valentine Heart Paper Craft 12:30 – Energize Lunch Walk 1:00 – Bean Bag Shootout 2:45 – Music & Movement 3:30 – Coupon Cutting	<b>7</b> 10:00 – Happy Birthday Bingo 12:30 – Energize Lunch Walk 1:00 – Sing-Along 2:45 – Tai Chi 3:30 – Pattern Blocks
<b>10:00 MORNING ACTIVITIES</b>	<b>10</b> 10:00 – Client Council - Dowels - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Bullseye Target 2:45 – Tai Chi 3:30 – Lacing	<b>11</b> 10:00 – Beads Bracelet - Hanafuda - Memory Game 12:30 – Energize Lunch Walk 1:00 – Horseshoes 2:45 – Music & Movement 3:30 – Mix & Match	<b>12</b> 10:00 – Valentine Cards Craft - Blackjack - Puzzles 12:30 – Energize Lunch Walk 1:00 – Tic Tac Toe 2:45 – Tai Chi 3:30 – Talk Story	<b>13</b> 10:00 – Whisper Challenge - Valentine Cards Craft - Painting 12:30 – Energize Lunch Walk 1:00 – Bean Bag Poker 2:45 – Music & Movement 3:30 – Connect 4	<b>14</b> 10:00 – Valentine's Day Activity 12:30 – Energize Lunch Walk 1:00 – Movie & Popcorn 2:45 – Tai Chi 3:30 – Pictureka!
<b>11:15 LUNCH HOUR</b>	<b>17</b> <b>CENTER CLOSED</b> 	<b>18</b> 10:00 – Spelling - Bead Craft - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Relay Game 2:45 – Music & Movement 3:30 – Tracing	<b>19</b> 10:00 – Unscramble - Joker Eno - Memory Game 12:30 – Energize Lunch Walk 1:00 – Connect 4 2:45 – Tai Chi 3:30 – Word Find	<b>20</b> 10:00 – D'Best Entertainment 12:30 – Energize Lunch Walk 1:00 – Spin the Wheel 2:45 – Music & Movement 3:30 – Coloring	<b>21</b> 10:00 – Charades - Dominoes - Spring Papercraft 12:30 – Energize Lunch Walk 1:00 – Bullseye Target 2:45 – Tai Chi 3:30 – Magazine Reading
<b>12:00 REST PERIOD</b>	<b>24</b> 10:00 – Happy Birthday Bingo 12:30 – Energize Lunch Walk 1:00 – Cone Ring Toss 2:45 – Tai Chi 3:30 – Connect 4	<b>25</b> 10:00 – Spelling - Mosaics - Bead Bracelets 12:30 – Energize Lunch Walk 1:00 – High & Low 2:45 – Music & Movement 3:30 – Coloring	<b>26</b> 10:00 – Bead Bracelets - Blackjack - Painting 12:30 – Energize Lunch Walk 1:00 – Golfing 2:45 – Tai Chi 3:30 – Jigsaw Puzzles	<b>27</b> 10:00 – Lihue Missionary Church 12:30 – Energize Lunch Walk 1:00 – Happy Birthday Bingo 2:45 – Music & Movement 3:30 – Talk Story	<b>28</b> 10:00 – December Birthday Celebration with The Church of Koloa 12:30 – Energize Lunch Walk 1:00 – Movie & Popcorn 2:45 – Tai Chi 3:30 – Magazine Reading
<b>12:30 LUNCH WALK</b>					
<b>1:00 AFTERNOON ACTIVITIES</b>					
<b>2:00 SNACKS BEVERAGE</b>					
<b>2:45 EXERCISE HOUR</b>					
<b>3:15 BUSES BEGIN ARRIVING</b>					
<b>4:00 SMALL GROUP</b>					
<b>5:30 CENTER CLOSES</b>					

**Transportation**

The Kauai Bus  
(808) 246-8110

**FEBRUARY is ...**

- American Heart Month
- Black History Month
- Groundhog Day 2/2
- Nat'l Cancer Prev. Day 2/4
- Valentines Day 2/14
- President's Day 2/17
- Random Acts of Kindness Day 2/17

**Flowers:**

Violet & Primrose



**Colors:**

Cherry Red & Pink

**Birthstone:**

Amethyst

*Kauai Adult Day Health Center is sponsored in part by County of Kauai Agency on Elderly Affairs.*

*This institution is an equal opportunity provider.*

\*Structured activities are subject to change.