KAUA'I

Adult Day Health



2943 Kress Street Lihue, Hawaii 96766 (808) 246-6919 www.ohanapacific.com

Your Staff

Program Director: Kim Sueoka

Program Coordinator: Janet Agni

Activity Assistants:

Connie Vidal

Nurse:

Theo Papa, RN

Our Mission
Caring for Kupuna



Sunday, April 20th



APRIL 2025

"Getting old is like climbing a mountain; you get a little out of breath, but the view is much better."

-Ingrid Bergman

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
		10:00 – Spelling	10:00 – Bead Bracelet's	10:00 – Whisper Challenge	10:00 – Charades
7:30		- Dominoes	- Blackjack	- Dominoes	- Blackjack
CENTER OPENS		- Table Games	- Table Games	- Table Games	- Table Games
SNACKS		12:30 – Energize Lunch Walk	12:30 – Energize Lunch Walk	12:30 – Energize Lunch Walk	12:30 – Energize Lunch Walk
SILACKS		1:00 – Matching Game	1:00 – Golfing	1:00 – Bowling	1:00 – Sing-along
10:00		2:45 – Music & Movement	2:45 – Tai Chi	2:45 – Music & Movement	2:45 – Tai Chi
MORNING		3:30 – Magazine Reading	3:30 – Pictureka!	3:30 - Coupon Cutting	3:30 – Pattern Block
ACTIVITIES	7			' -	11
	7	1111/ 8	9	10	11
11:15	10:00 – Fitness	10:00 – Happy	10:00 – Paper Craft	10:00 – Kaumakani	10:00 – Flow Kakou with
LUNCH HOUR	- Table Therapy	Birthday 🚟	- Dominoes	Senior Center	Lauhala Matt
	12:30 – Energize Lunch Walk	Bingo	- Table Games	Entertainment 💚	12:30 – Lunch Walk
12:00	1:00 – Rolling Dice	12:30 – Energize Lunch Walk	12:30 – Energize Lunch Walk	12:30 – Energize Lunch Walk	1:00 – Happy
REST PERIOD	2:45 – Tai Chi	1:00 – Rolling Dice	1:00 – World Travel with Ray	1:00 – Connect 4	Birthday Bingo 👣
	3:30 – Donkey	2:45 – Music & Movement	2:45 – Tai Chi	2:45 – Music & Movement	2:45 – Music & Movement
12:30		3:30 – Tracing	3:30 – Jigsaw Puzzles	3:30 – Memory Game	3:30 – Talk Story
LUNCH WALK	14	15	16	. 17	18
	10:00 – Client Council	10:00 – Happy	10:00 – Happy	10:00 – D'Best	
1:00	- Table Games	Birthday (1909)	Birthday 🍂 *	Entertainment	
AFTERNOON	12:30 – Energize Lunch Walk	Bingo	Bingo		+
ACTIVITIES	1:00 – Tic Tac Toe	12:30 – Energize Lunch Walk	12:30 – Energize Lunch Walk	12:30 – Energize Lunch Walk	
2.00	2:45 – Tai Chi	1:00 – Bowling	1:00 – Movie & Popcorn	1:00 - Ball Toss	Good Friday
2:00 SNACKS	3:30 – Pictureka!	2:45 – Music & Movement	2:45 – Tai Chi	2:45 – Music & Movement	
BEVERAGE		3:30 – Talk Story	3:30 – Word Find	3:30 – Card Games	Center Closed
DEVERAGE	9 21	22	23	24	25
2:45		10:00 – Unscramble	10:00 – Easter	= -	
EXERCISE HOUR	10:00 – Happy	- Hanafuda		10:00 – Lihue Missionary	10:00 – April Birthday
.ALINOISE HOOK	Birthday		Celebration	Church 12:30 – Lunch Walk	Celebration with
3:15	Bingo Sparries Lunch Walls	- Table Games	12:20 Engaging Lungh Walls		The Church of Koloa
BUSES BEGIN	12:30 – Energize Lunch Walk 1:00 – Spin the Wheel	12:30 – Energize Lunch Walk	12:30 – Energize Lunch Walk 1:00 – Cone Ring Toss	1:00 – Happy Birthday Bingo	12:30 – Energize Lunch Walk 1:00 – Movie & Popcorn
ARRIVING	1	1:00 – Bean Bag Shootout	_	2:45 – Music & Movement	I -
	2:45 – Tai Chi	2:45 – Music & Movement	2:45 – Tai Chi		2:45 – Tai Chi
4:00	3:30 – Pattern Block	3:30 – Connect 4	3:30 – Magazine Reading	3:30 – Talk Story	3:30 – Tracing
SMALL GROUP	28	29	30		- -
	10:00 – Seated Aerobics	10:00 – Happy	10:00 – Whisper Challenge		
5:30	- Table Therapy	Birthday 🔐	- Dominoes	April Ol 1000	Bring M + 1000
CENTER CLOSES	12:30 – Energize Lunch Walk	Bingo	- Table Games	TIPFII Showers	Bring May Flowers
	1:00 – Poker Bean Bag	12:30 – Energize Lunch Walk	12:30 – Energize Lunch Walk		
	2:45 – Tai Chi	1:00 – Bowling	1:00 – Spin the Wheel		
	3:30 – Lacing	2:45 – Music & Movement	2:45 – Tai Chi	~ N	
		3:30 – Pictureka!	3:30 – Puzzles		

Transportation

The Kauai Bus (808) 246-8110

APRIL is ...

Earth Month
National Garden Month
National Parkinson's
Awareness Month
National Wildlife
Week – 4/5-9
All Fool's Day – 4/1
Arbor Day – 4/28

Flowers:

Daisy & Sweet Pea



Colors:

Pale Yellow & Grass Green

Birthstone:

Diamond

Kaua'i Adult Day Health Center is sponsored in part by County of Kauai Agency on Elderly Affairs.

This institution is an equal opportunity provider.